



READY RIDES

Featured Volunteer

JOYCE CUFF

After retiring from college teaching, I moved to Tanzania, East Africa where I serve as volunteer Lab Consultant for FAME (Foundation for African Medicine and Education) Medical in Karatu, helping to further educate the lab staff, to facilitate all aspects of lab service, and to plan for the future. I am in Tanzania for 9 months each year and in NH for the summer months. In the five years that I have been in Tanzania, FAME has grown from a single building dispensary to a Health Center that includes the original dispensary plus a 24-bed hospital with operating theater and a labor and delivery ward, a freestanding clinical laboratory, and a separate administration building. We currently see about 1500 patients per month with conditions ranging from those we routinely see in the US to some tropical diseases we never encounter in the non-tropical countries. Having experienced the impact of proper health care in this under-resourced part of the world, it is easy to understand why I find Ready Rides the kind of service I would want to get behind. Accessing medical care is critical wherever you are and Ready Rides is making that possible for many people.

It takes a special person to take the time out of their busy day to help someone in need!

-Unknown



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COAST Bus Route 7



Did you know you can get to Newmarket, Durham, Dover, and Portsmouth from Exeter via public transportation? Take the COAST bus!

The COAST bus route 7, which offers public transportation, runs from Exeter to the Town of Newmarket. The bus then links to UNH's Wildcat transit system that will get you from Newmarket to Durham, Dover, and Portsmouth.

Fares to ride either the COAST bus or the Wildcat bus are \$1.50 each way or \$3.00 round trip.

The COAST bus route runs to and from Exeter on Mondays, Wednesdays, Fridays, and Saturdays. See below for more information on how to get to your destination.

COAST ROUTE 7

Newmarket

Exeter Road (Newmarket Industrial Park)
Exeter Road / Bennett Way (McDonalds)
Main Street (Downtown Gazebo)

COAST ROUTE 7 Stops in Newmarket, Stratham, and Exeter - Southbound

Newmarket

Main Street (Downtown Gazebo)
Elm Street / Nichols Avenue
Beech Street Extension / Elm Street
Beech Street Extension / Elm St. (Commons at Kent Place)
Gerry Avenue (Gepetto's Pizza)
Exeter Road / Bennett Way (Irving)
Exeter Road / Lita Lane (Newmarket Industrial Park)

Visit COAST online for all available routes, www.coastbus.org

Your Safety, Your Life, and your Passengers' Lives Are Riding on Them from RTAP

Many drivers are aware of the importance of their vehicles' strength during a crash. But are we as familiar with one of the most important features of our vehicle in avoiding a crash—tires? A vehicle's tires are the only thing between you drivers and clients and the road. To help ensure they can perform their best in a critical driving situation, drivers should properly inspect each tire periodically.

HOW ARE WE DOING?

Whether you are a rider or driver, we would love to hear from you regarding the service that we offer. If there is anything that you would like to see us add, delete, change, or just want to say hello, please let us know. You can do so by calling (603) 244 -8719 or e-mail info@readyrides.org or by mail P.O. Box 272 Northwood, NH 03261.

Thank you so much for your input!

We always strive for excellence!

Welcome New Drivers

Krissy Fiske – Barrington

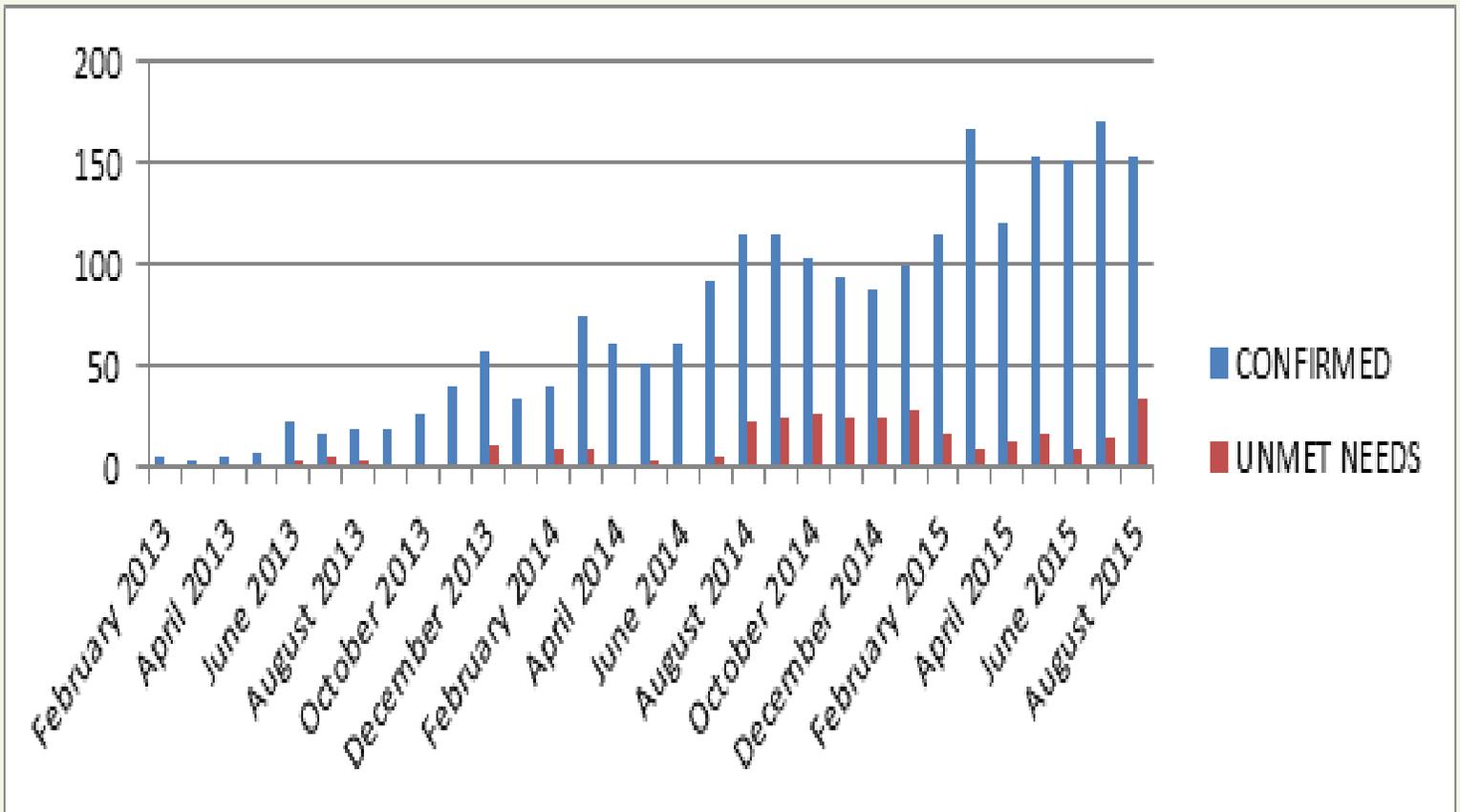
Fred Wolff – Lee

Jane Joyce – Northwood

Dag Saunders – Northwood

Fred Twombly – Northwood

LOOK HOW WE HAVE GROWN IN THE PAST 2 ½ YEARS



Community outreach

In March Ready Rides made Chili for the Barrington Chamber Expo 5K run. A fun time was had and the Chili made by our drivers was yummy!

We continue to get the word out about this wonderful program by hosting a table at events in our area towns. Look for us at the events; please stop by and say hello. Please help us spread the word!

THANK YOU TO ALL OF OUR WONDERFUL DONORS!

Ready Rides
P.O. Box 272
Northwood, NH 03261

Contact Us

Give us a call for more information about our services or to become a driver.

(603) 244-8719 or

www.readyrides.org

Like us on Facebook.

We are a 501(c)(3). Your donation is tax deductible.

READY RIDES

P.O. Box 272

Northwood, NH 03261

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