



READY RIDES

Featured Volunteer

Dianne Kelleher

I am originally from Lawrence, MA as is Mike, my husband of 43 years. We moved to Nashua, NH where we lived for 30 years before settling in Newmarket 13 years ago. At that time our 3 children were out on their own and we wanted to be closer to the ocean, a favorite place to walk or just sit and enjoy the view! We have 3 children and their spouses who have given us 8 wonderful grandchildren from ages 13 to the twins who are 6.

I worked as a physical therapist for over 40 years, the last 12 of which were in home care with the Rockingham VNA and Hospice out of Exeter. It is in this venue that I came to realize the great need for the seniors in our community to obtain access to medical appointments. So many are fortunate to continue to live independently into their 80's and 90's but have families and friends who work or are not available to help during the week. I retired in March, 2014 and Mike had retired in 2013, so I was envious!! We both decided to volunteer for Ready Rides as a flexible way of being able to give back to our community while helping our seniors. For me, it was also a way of keeping in contact with some of my former patients which has been beneficial as I transitioned from an occupation that was my identity for so many years. I also had a love for older folks as I was fortunate to grow up with my grandparents living in the same household. When not volunteering or busy with the grandkids, I love to knit, read and garden and am a member of the Newmarket Gardeners.



It takes a special person to take the time out of their busy day to help someone in need!

-Unknown

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OTHER VALUABLE RESOURCES

Lamprey's Senior Transportation Program

Lamprey Health Care's Senior Transportation program provides rides to essential services for individuals over the age of 60 and with disabilities. Access to essential services makes it possible for seniors to remain self-sufficient and in their own homes. Our handicap-accessible buses take seniors and adults with disabilities to the grocery store, pharmacy, doctor, or bank and provide opportunities socialize. The service is door-to-door and reservations are made by calling 659-2424 Monday-Friday, 8:00 AM to 4:00 PM.

Meals on Wheels for residents living in:

Northwood and Nottingham —895-0479

Strafford—692-5177

Free Tax Prep:

Strafford County Dover Public Library—apt. required call 211

Rockingham County—American Legion Post 232 Calef Highway, Epping-
Tuesday 12:30 to 3:30—walk in only

COCHECO QUILTERS GUILD SUPPORTS READY RIDES

The Cochecho Quilters Guild, based in Dover, NH, has designated Ready Rides as one of three recipients of proceeds from its 2016 raffle quilt.

Members of the 35-year-old guild each year choose three non-profits to share all proceeds from ticket sales on its raffle quilt. The guild's 35th annual show, called '35 Years: Still Quilting,' will be held October 15-16, 2016 at the Rochester Community Center (150 Wakefield St., Rochester, NH)

The beautiful raffle quilt was made by guild members and quilted by Cecile Hues. A picture of the quilt can be found on their website.

For more information on the guild and to learn how to purchase tickets on the quilt, visit www.cochechoquilters.com

Thank you Cochecho Quilters Guild for choosing Ready Rides as one of three recipients!

Attention Riders

Snow Alert!

We leave cancellations due to weather up to you and the drivers. Not everyone feels the same about driving in the snow so we leave it up to the individual.

Important! -

When a driver selects your ride the ride Coordinator will call you to inform you of the drivers name and verify your location. The driver will call you within a 24 hours or the night before your apt. If you don't hear from the coordinator or the driver please call Meri at 244-8719 to check the status of your ride.

HOW ARE WE DOING?

Whether you are a rider or driver, we would love to hear from you regarding the service that we offer. If there is anything that you would like to see us add, delete, change, or just want to say hello, please let us know. You can do so by calling (603) 244 -8719 or e-mail info@readyrides.org or by mail P.O. Box 272 Northwood, NH 03261.

Thank you so much for your input!

Please Welcome Our New Drivers

Phebe Colprit-Dover

Steve Colprit-Dover

Rebecca Domin-Nottingham

Sally Fleming-Lee

Dale Hempen-Durham

Martie Gooze-Durham

Shawn McKenna-Lee

Sally Tobias-Durham

Robert Turcotte-Strafford

Thinking of becoming a volunteer?

Don't have a lot of time? No worries, Ready Rides share ride requests with the volunteer drivers and the drivers choose the trips that fit their schedules and preferences. **You can drive once a week, once a month, or once in a blue moon!** Drivers are eligible for a \$0.25/mile reimbursement to cover the cost of gas.

Here are more reasons!

It also brings people together, neighbors helping neighbors

It promotes personal growth and self esteem

Volunteering strengthens your community

You get a chance to give back: People like to support community resources that they use themselves or that benefit people they care about.

Volunteering encourages civic responsibility: Community service and volunteerism are an investment in our community and the people who live in it.

YOU CAN MAKE A DIFFERENCE: Every person counts!

Calling all currently vetted Ready Rides Drivers!

Our 2nd Annual Volunteer Appreciation Luncheon is in the works for March 18th at Noon!

Location:

Northwood Congregational Church Rte. 4, Northwood, NH

Come meet our Chair and Board Members

Share some good food and laughter!

Kick off your shoes for a little, you deserve it!

Free raffle gifts too!

Call Meri if you have not RSVP'd! 244-8719

A Defensive Driving Course will be held at the same location before the luncheon, beginning at 8:30 am for those that need to fulfill this requirement.

THANK YOU TO ALL OF OUR WONDERFUL DONORS!

Contact Us

Give us a call for more information about our services or to become a driver.

(603) 244-8719 or

www.readyrides.org

Like us on Facebook.

We are a 501(c)(3). Your donation is tax deductible.

READY RIDES

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You can view past issues of this newsletter by going to readyrides.org